



**Press Release**  
November 12th, 2019

**Contact:** Barbara Kavanagh  
623.466.6246

## ***Governor Doug Ducey Recognizes Importance of Cancer Caregivers***

*State of Arizona Declares "Cancer Caregivers Week" in Arizona November 16th-23rd*

(PHOENIX, AZ) – November is National Caregivers Month in the United States. It is a month to reflect on the important, and often thankless, role of those who treat and care for the sick and needy of this country. Oftentimes, those that need the most care are stricken with devastating diseases, such as cancer. With that in mind, Governor Doug Ducey has worked with the Arizona Myeloma Network and their Cancer Caregivers AZ Education program to declare the week of November 16<sup>th</sup>-23<sup>rd</sup> as "Cancer Caregivers Week" in Arizona.

"I have often said that an individual doesn't get cancer, a family does," said Arizona Myeloma Network founder Barbara Kavanagh. "For the last 15 years, our organization has proudly served as a resource for those loved ones who can become overwhelmed by their newfound role as caregiver. We are very thankful for the support from Governor Ducey and hope to use this week as an opportunity to broaden our reach throughout Arizona and help more patients and their families."

Caregiving is often a full-time job, with statistics showing that family caregivers spend an average of 40.5 hours per week caring for their loved one. Statistics also show that for every cancer diagnosis, there will be at least one new caregiver to care for that patient. With close to 40,000 new cases of cancer diagnosed in Arizona each year, that means that there are at least 40,000 new Arizona caregivers each year who sometimes need help in planning, coordinating, and treating their patient.

In addition to her role as Founder of the Arizona Myeloma Network, Barbara is an established author who is currently in the process of publishing her next book, "Living with Cancer, a CareGivers Journey®". It is a Patient & Family Guide providing information and resources to help the reader navigate the confusing and often scary cancer system. She is also a caregiver herself. Her husband Jack is a 28-year cancer survivor.

Please visit [www.azmyelomanetwork.org](http://www.azmyelomanetwork.org) for more information on events, seminars, and workshops offered by the Arizona Myeloma Network's Cancer Caregivers Program, including their "Strike Out Cancer" Benefit on Tuesday night, December 17<sup>th</sup>, at the Millennium Hotel in partnership with the Arizona Diamondbacks Foundation.

[barbarak@azmyelomanetwork.org](mailto:barbarak@azmyelomanetwork.org)

[www.azmyelomanetwork.org](http://www.azmyelomanetwork.org)   [www.cancercaregiversaz.com](http://www.cancercaregiversaz.com)

Latest Blog: <http://azmyelomanetwork.org/aarp-colorado-blog/>

[Shop Amazon Here](#) and Amazon donates to Arizona Myeloma Network.

