

Cancer Caregiver News

by Arizona Myeloma Network®, AzMN

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Awareness. Education. Advocacy.

Governor Doug Ducey Recognizes Importance of Cancer Caregivers State of Arizona Declares "Cancer Caregivers Week" in Arizona November 16th-23rd

A note from the Founder...

Dear Friends:

We are happy to share the news about the Governor's Proclamation, Honoring Cancer CareGivers for the week of November 16th-November 23rd, and will be part of November National Caregivers month. Most important, we are going to be able to bring more awareness of the challenges that cancer caregivers face and the need for more resources to support them.

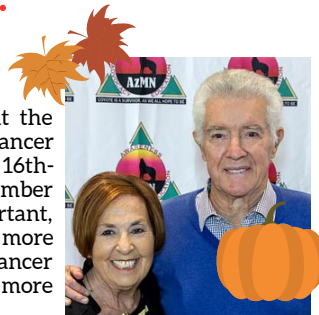
I will also be able to share our message of help and hope on AzTV, Ch.7 on Monday, November 18th, 7:30am. I will be inviting the viewers to attend our Cancer Caregivers Seminar on Saturday morning, December 7th and also participate in our fund raiser on December 17th. Longtime Board member and sponsor, Kurt Riske, owner of Los Sombrosos Restaurants will be joining me and sharing a healthy recipe for the Holidays. If you visit their Scottsdale location, you can enjoy their guacamole appetizer and help raise money for AzMN's free cancer caregivers education programs. (Their ad and information are in this newsletter and on our website.)

I am making great progress on my book, "Living with Cancer, a CareGivers Journey®" which is a guide for cancer patients and families and will contain the latest information and resources as well as advice from the top cancer researchers and clinicians. We will also have guest authors from the insurance field, social workers nurses, and equally important, I will share the stories of cancer survivors, and caregivers. One of my 'favorite' writers is Jack Kavanagh, who will be 'talking' about his myeloma experience that inspired me to create the Living with Myeloma Conferences 15 years ago, and, 28 years-and-going-strong, as a myeloma patient and Survivor!

We have a lot planned for the next 2 months and are excited about our new Partners, Cancer Support Community and Arizona Diamondbacks. We believe that by collaborating, we can accomplish so much more and bring more resources to cancer patients and families. November and the Thanksgiving Holiday are a perfect time for all of us to express our "Thanks for our caregivers, friends and family, and for the life of the cancer patient who is battling this relentless disease. And, 'Special Thanks to the researchers and others who are working on our behalf.

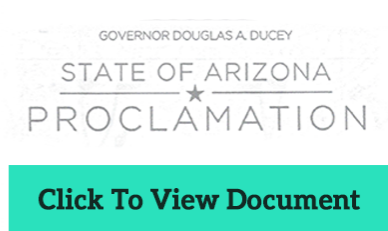
I know that the Holidays can be difficult so we wish you health, love, and peace.

Fondly,
Barbara and Jack Kavanagh



(PHOENIX, AZ) - November is National Caregivers Month in the United States. It is a month to reflect on the important, and often thankless, role of those who treat and care for the sick and needy of this country. Oftentimes, those that need the most care are stricken with devastating diseases, such as cancer. With that in mind, Governor Doug Ducey has worked with the Arizona Myeloma Network and their Cancer Caregivers AZ Education program to declare the week of November 16th-23rd as "Cancer Caregivers Week" in Arizona.

"I have often said that an individual doesn't get cancer, a family does," said Arizona Myeloma Network founder Barbara Kavanagh. "For the last 15 years, our organization has proudly served as a resource for those loved ones who can become overwhelmed by their newfound role as caregiver. We are very thankful for the support from Governor Ducey and hope to use this week as an opportunity to broaden our reach throughout Arizona and help more patients and their families."



Barbara and Jack are Derrick Hall's guests at the D-Backs game honoring the USO

Save The Date:

Jack and I hope that you will join us on Tuesday night, December 17th, for 'Strike out Cancer', at the Millennium Hotel. Our AzMN Benefit will Celebrate 15 years of serving myeloma patients and all cancer caregivers in Arizona. It is also an opportunity to recognize some of the wonderful researchers and clinicians, organizations, sponsors and Board members who make it all possible. Special Thanks to our title sponsor, Derrick Hall, President and CEO of the Arizona D-Backs.

If you would like to attend, sponsor, or donate, more information will be available on our website on November 8th or contact: admin@azmyelomanetwork.org or 623 466 6246.

[Click Here to Donate to AzMN](#)



AzMN's Fall AARP Colorado Blog: Autumn

<https://states.aarp.org/colorado/cancer-caregiving-journey-autumn>

Register now for our Special Cancer Caregivers Seminar, Saturday morning, 9am-12:30pm, December 7th, with our new partner, Cancer Support Community, CSCAZ.

AzMN in the Community



Barbara with Mayor Lane and the keynote speaker at the Scottsdale Council of Economic Development meeting, Jake Schwartz, CEO and President of General Assembly.



Barbara and Jack attending the AzBio Awards Event with young scientist, Pushpaja Dodla.



Pictured photo right - Dr. Joseph Mikhael, Honor Health Research Institute; Dr. Jonathan Abbas, Rebecca Rush, BSN, 1rN, Banner MD Anderson Cancer Center and Barbara Kavanagh, AzMN & CCAZ Founder

Join our Virtual Honor Wall!

We are very excited to be able to offer an opportunity to cancer patients, caregivers, friends and families, as well as our many supporters to honor a loved one who is or has been battling cancer and also honor their loving caregivers, doctors, and others who have been there for them.

Your \$150 donation will allow your tribute to be displayed on the Virtual Honor Wall. Samples of tributes are provided on the wall which may assist you in crafting your tribute.

[View Honor Wall / Donations](#)

Upcoming Events

November 16-23rd

The 1st Governor's Proclamation for Cancer Caregivers Week in the U.S.

November 18th, 7:30am

AzTV appearance

December 7th, 9am-12:30pm

Free Cancer Caregivers Seminar: 'Coping with Cancer for the Holidays'

December 17th 6-8:30pm

'Strike Out Cancer', at the Millennium Hotel



Arizona Myeloma Network and the Cancer Support Community are Proud to Present the Cancer Caregivers Education Program : Coping with Cancer at the Holidays® on Saturday morning, December 7th, 9am -12:30 noon Breakfast and all materials included.

Our program is free and we welcome all cancer caregivers, families and friends to participate and share and learn together about resources and strategies for a Happier, and Healthier Holiday season!

Visit our [website](#) to register and for additional details.

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www.cscaz.org



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