



Cancer Caregiver News by AzMN & CCAZ, a 501c3 Cancer Charity Sissue: Winter 2018

Awareness. Advocacy. Education.

A note from the Founder...

Dear Friends:

We have had a busy and exciting 2018. We greeted over 525 myeloma and other cancer patients, caregivers, faculty, volunteers and staff at our 3 events: March 2018 Myeloma Summit, the Spring Cancer Caregivers Conference, and the Fall Cancer Caregivers Conference.

We also hosted 110 golfers, volunteers, sponsors and friends at our Golf Fundraiser in January. Our exciting news for 2019 is that I will be writing my book on "Living with Myeloma- a guide for all cancer patients and caregivers to thrive and survive!" We also have additional cancer caregiving topics available in 2019! We already have some sponsors and grants and will be looking for additional funds and input from all of 'you'! Please be on the lookout for more news and updates in our January newsletter.

Jack and I are looking forward to Celebrating the Holidays in our 'own' way'. We have planned some 'quiet time' in a small hotel outside of Tucson. Away from our house and the hustle and bustle of Christmas and New Year's. We know that it can be both a joyous and stressful time of year for the many families who are dealing with cancer. My best advice is to do it 'your way'. If that means lots of shopping, parties, and activities for the kids and 'you', that is fine. But, don't be afraid to say 'no' to invitations and other offers from well-meaning friends and family. And, don't be afraid to say 'yes' to offers of kindness and help. If your traditions feel comforting to both you and the patient you care for, then that is what will be best for you.

We want to wish you all a Peaceful and Loving Holiday Season. A very special thanks to all the cancer patients and caregivers who inspire us, and all the sponsors and grantors who support us, and the amazing researchers and medical professionals who give us hope!

We also would like to invite you to make your end of the year charitable donation or simply use the Amazon Smile Link when you are ordering your holiday gifts! Go to www.tiny.cc/Donate2AzMN to submit your generous donation.

Warm regards and see you all soon! Barbara and Jack Kavanagh barbarak@azmyelomanetwork.org





Happy Holidays from Barbara & Jack and the staff, board & volunteers of the Arizona Myeloma Network!



Honoring Brenda Holt, AARP Phoenix for her generous support in 2018 See Brenda's video here: https://youtu.be/r_sgmvZx7YQ



6th Annual Cure Corridor

(Michael Foley - AzMN Board, Barbara Kavanagh & Mayor Jim Lane - Scottsdale)

Barbara shares her Cancer Caregivers Journey in a monthly blog series posted on the AARP® Colorado website



December Blog: https://states.aarp.org/cancercaregiving-journey-surviving-theholidays/

November's Blog: https://states.aarp.org/cancercaregiving-journey-giving-thanks/



Shop http://smile.amazon.com/ch/32-0169742 and Amazon donates to Arizona Myeloma Network..

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Our Year in Review

2018 Moments to Remember

AZMN® HONORS AND CELEBRATES ALL THE CANCER PATIENTS, FAMILIES, AND CANCER CAREGIVERS WHO INSPIRE US! VISIT WWW.CANCERCAREGIVERSAZ.COM WWW.AZMYELOMANETWORK.ORG FOR THESE PICTURES AND MORE



AzMN Golf Fundraiser - Jan. '18 Lots of fun with Bill Hite and his Scheck, Ullico and UA Team!



Faculty of Myeloma Summit - Mar. '18 A wonderful collaboration with MMRF.



Spring Caregivers Conference - Apr. '18 Meet Amanda, cancer caregiver https://youtu.be/TBAlwtXSOY0



Fall Caregivers Conference - Oct. '18 Shakira Begay honored for her victory over cancer & her acceptance into University of New Mexico.



Barbara & Jack with Cancer Research Award Recipient Dr. Daniel Von Hoff, TGEN/Honor Health



Women Leaders in Science Meeting including AzBio, Ribomed, Stiris & ASU - hosted by Perkins Coie Law Firm

The CCEP® program is for Caregivers of ALL types of Cancer and is supported by our gracious sponsors:











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