



# Cancer Caregiver News

by AzMN, a 501c3 Cancer Charity

Summer 2017



## Awareness. Advocacy. Education.

### A Note from the Founder...

Dear Friends,

As many of you know, I became a cancer caregiver 26 years ago when my husband, Jack, was diagnosed with multiple myeloma. That began our Journey into the Unknown.

We educated ourselves about the latest research, asked about the newest treatments, and were fortunate enough to have the right medical guidance. As a result, Jack has been able to enjoy a good quality of life through the years. But, in June, Jack had a relapse caused by bacteria in his blood. I immediately became a 'full time' caregiver again. Fortunately, with excellent medical care, his courage and determination, and my 'caregiver' involvement, he is home. He is out of a wheelchair, walking with a cane and getting stronger every day!

We are grateful for his recovery and know how fortunate we are to have had the resources we have. We are now even more resolved to share what we know so your journey is easier than ours has been. Our free Cancer Caregivers Education Program®, CCEP, helps cancer patients, caregivers, and healthcare professionals learn how to get the best care for the patient and reduce caregiver stress.

We are proud to have the AARP Arizona among our sponsors for Saturday, September 30th seminar. The seminar is free and open to all who are battling cancer. Please register now for you, your family, friends and employees. If you can't attend in September, join us on Saturday, December 2nd.

We welcome volunteers, sponsors, and donations because, cancer can 'happen' to any one of us and knowledge is Power!  
Thank you all for your thoughts and prayers!

Barbara Kavanagh  
Azmyelomanetwork@cox.net - 623-466-6246

### SAVE THE DATES



**Register Now!**



### Cancer Caregivers Education Program®

**WHEN:** Saturday, **September 30, 2017** 8:30-11:30 a.m.

**LOCATION:** Embassy Suites by Hilton 5001 N. Scottsdale Rd. Scottsdale AZ

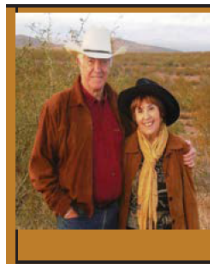
**Topic:** Helping Cancer Caregivers in the Workplace

**Free** REGISTER: [www.azmn.info/care](http://www.azmn.info/care)

*Open to All Cancer Caregivers, family, friends, and Healthcare Professionals. Everyone caring for a cancer patient should attend! Take away information you can use now! Buffet breakfast provided*



The Cancer Caregivers Education Program® is sponsored in part by Insys Therapeutics (InsysRx.com), Millennium a Takeda Oncology Company and the generous financial support from BHHS Legacy Foundation which is an Arizona charitable organization whose philanthropic mission is to enhance the quality of life and health of those it serves.



*The Arizona Myeloma Network (AzMN) was founded in June 2004 by Barbara B. Kavanagh and Jack Kavanagh, a 26-year Cancer Survivor. AzMN is a top-rated nonprofit charity 501(c)3 organization that conducts free cancer outreach events and educational programs.*

**Save the Date** – November 18, 2017

AzMN's "Out Race Cancer®" held at the Bondurant School of Racing, Chandler AZ.

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Learn more at [www.azmyelomanetwork.org](http://www.azmyelomanetwork.org) or call - 623-466-6246

## Out Race Cancer®

5k run - 1m walk, est. 2015

for ALL Cancer Patients & Caregivers

Come and Bring the Family!

Saturday, Nov. 18, 8 a.m. Start time

20000 S. Maricopa Rd. Chandler

Register: [www.outracancer.info/race](http://www.outracancer.info/race)

Proceeds benefit ALL cancer patients & caregivers to support  
Our FREE AzMN's

Cancer Caregivers Education Program®.



## RECENT EVENTS

### Networking Evening Christmas in July!

At the  
Embassy Suites by Hilton Scottsdale  
Resort!



Pictured (L-R): Brenda Holt, AARP Phoenix;  
Jan Cramer, Embassy Suites by Hilton  
Scottsdale; Barbara Kavanagh, AzMN; and  
Kara Stancell, KJS Consulting

### Thank You Black Bear Diner Dine and Donate Event, June 27, 2017

10% of the proceeds were donated to our Cancer Caregivers Education Program ©



Friends & Family enjoying a meal in support of the Cancer Caregivers Education Program (CCEP)©

**AzMN Cancer Caregivers Education Program© will be featured in  
the September issue of AARP Arizona! Thank you, AARP Phoenix!**

**Listen to Barbara Kavanagh & Brenda Holt, AARP - Topic: Cancer Caregivers Seminar's  
Family Health Talk Show - KXXT 1010AM-Thursday, 9/7/17 from 10am -11am  
Call-in at 602-977-1010**

**AARP**® Real Possibilities  
Phoenix

**Takeda**  
ONCOLOGY

The CCEP program is for Caregivers of ALL types of Cancer and is supported additionally by Insys Therapeutics and the BHHS Legacy Foundation which is an Arizona charitable organization whose philanthropic mission is to enhance the quality of life and health of those it serves.

**BHHS** LEGACY  
FOUNDATION

**INSYS**  
THERAPEUTICS, INC.

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