



## FOR IMMEDIATE RELEASE

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### **AARP ARIZONA SPONSORS AZMN'S CANCER CAREGIVERS EDUCATION PROGRAM<sup>®</sup>**

*Sept. 30 Event to Address "Helping Cancer Caregivers in the Workplace"*

PHOENIX – (August 28, 2017) – AARP Arizona today announced its sponsorship of the Arizona Myeloma Network's ("AzMN") Cancer Caregivers Education Program<sup>®</sup> ("CCEP") scheduled for Saturday, Sept. 30, 2017, at the Embassy Suites by Hilton in Scottsdale. The CCEP is a series of events designed and offered to the public free of charge by AzMN. Seminars provide professionals, family and friends practical knowledge, skills and strategies necessary for effectively caring for their loved ones and themselves. The AzMN, a 2016 Top-Rated Nonprofit by Great Nonprofits, delivers free cancer education to cancer patients, cancer caregivers and their families. The CCEP topic for the Sept. 30 event is "Helping Cancer Caregivers in the Workplace."

According to the American Cancer Society, nearly 33,000 people in Arizona were diagnosed with some form of cancer in 2016. A single patient may have multiple caregivers throughout the course of his or her cancer journey. If each patient had just five different caregivers, at least 165,000 people in Arizona alone could benefit from the practical support provided by the CCEP educational programs.

According to the Bureau of Labor Statistics, 60% of caregivers have challenges with work attendance, which can lead the caregiver to suffer from stress-related illnesses and even

depression. The Sept. 30 CCEP program will offer valuable information to help caregivers and employers understand what can be done to address some of these challenges.

“You and your loved one may find yourself suddenly trying to decode new terminology, process the diagnosis and evaluate how this may change your lives. It can be overwhelming, but there are resources available for caregivers and their families. AARP is proud to partner with AzMN in the Cancer Caregivers Education Program,” said Dana Marie Kennedy, AARP’s State Director.

“I know what it is like to be a cancer caregiver because my husband, Jack, is a 26-year survivor and has recently relapsed,” said Barbara Kavanagh, President and CEO of AzMN. “The CCEP seminars help cancer caregivers get help, minimize their stress, and overcome the challenges of the disease and the healthcare system. AARP Arizona has partnered with AzMN in 2017 to increase awareness and support for the cancer caregiver. We are grateful for the momentum AARP Arizona has made in highlighting the importance of educating the cancer caregiver,” added Kavanagh.

### **CCEP Event Details**

Who: Cancer patients, cancer caregivers, family, friends and healthcare professionals  
What: Cancer Caregivers Education Program – “Helping Cancer Caregivers in the Workplace”  
When: Saturday, Sept. 30, 2017, 8:30 a.m. - 11:30 a.m.  
Where: Embassy Suites by Hilton, 5001 N. Scottsdale Rd., Scottsdale, AZ  
Cost: none; complimentary continental breakfast and information packets will be provided  
Register: [www.azmn.info/care](http://www.azmn.info/care)

For more information, visit [www.azmyelomanetwork.org](http://www.azmyelomanetwork.org) or call AzMN at (623) 466-6246.

### **About AARP**

AARP is the nation’s largest nonprofit, nonpartisan organization dedicated to empowering Americans 50 and older to choose how they live as they age. With nearly 38 million members and offices in every state, the District of Columbia, Puerto Rico, and the U.S. Virgin Islands, AARP works to strengthen communities and advocate for what matters most to families with a focus on health security, financial stability and personal fulfillment. AARP also works for individuals in the marketplace by sparking new solutions and allowing carefully chosen, high-quality products and services to carry the AARP name. As a trusted source for news and information, AARP produces the world’s largest circulation publications, AARP The Magazine and AARP Bulletin. To learn more, visit [www.aarp.org](http://www.aarp.org) or follow @AARP and @AARPadvocates on social media.

### **About Arizona Myeloma Network (AzMN)**

Founded in 2004, the Arizona Myeloma Network (AzMN) is a 501(c)(3) nonprofit charity organization that conducts cancer outreach events and education programs. Its mission is to promote collaboration, awareness, education and advocacy for improved treatment and quality

of life for multiple myeloma patients, their families and all cancer caregivers with special consideration to the underserved. To sponsor a cancer caregiver program, volunteer or donate, please visit [www.azmyelomanetwork.org](http://www.azmyelomanetwork.org), email [admin@azmyelomanetwork.org](mailto:admin@azmyelomanetwork.org) or call (623) 466-6246. AzMN is a 501(c)(3) nonprofit organization located at 20280 N. 59th Ave., Suite 115-448, Glendale, AZ 85308. Tax ID# 32-0169742.

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