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ARIZONA MYELOMA NETWORK HOSTS CANCER CAREGIVERS EDUCATION PROGRAM© APRIL 23 IN SCOTTSDALE; ALL CANCER CAREGIVERS WELCOME TO ATTEND

[Glendale, AZ – March 15, 2016] – The Arizona Myeloma Network (AzMN), founded by Barbara B. Kavanagh in 2004, is hosting a series of Cancer Caregivers Education Program© events based on their successful programs in 2015. This program is designed to provide caregivers of cancer patients and the patient’s team, with practical knowledge, skills and strategies necessary for effectively caring for their loved ones as well as themselves.

Their next event will be held on **Saturday, April 23rd from 8am to 11:30am at the Courtyard Marriott Salt River located at 5201 N. Pima Road in Scottsdale** and will cover the topic, **“Communication Skills & Tools to Communicate Your Needs”** led by both Barbara Kavanagh, MSW and Founder of AzMN and Suzanne Hyde, MSW, LCSW and owner of Suzanne Hyde Counseling and Psychotherapy.

“Being a cancer caregiver for the past 25 years for my husband, Jack, and even to this day, I wished that there would be a program like this where caregivers could come together in a supportive environment to share and learn from one another through personal experiences,” said Barbara Kavanagh. “It is so important that the caregiver also receive the knowledge and guidance they need to make well informed decisions, not only emotional ones, on behalf of their loved one.”

As one cancer caregiver family commented: “We have attended all the cancer caregiver programs and learned from each one. They have been a ‘life saver’ for us and made a huge difference for my beloved wife and my three sons.”

The program is designed for cancer caregivers, friends of the caregiver and family members of the patient. It is important that all members of the patient’s ‘team’ understand the role and tasks of the caregiver so they may provide support when the caregiver is overwhelmed.

The April 23rd event is free and includes a continental breakfast. Cancer caregivers will receive multiple takeaways that they can adopt, explore and put into action immediately to take better care of themselves and their loved one.

Space is limited and pre-registration is required. For more information on future programs, or to register for the Cancer Caregiver Education Program©, please visit the Arizona Myeloma Network at www.azmyelomanetwork.org or contact (623) 466-6246.

About the Arizona Myeloma Network

Myeloma is a complex and often misdiagnosed cancer of bone marrow plasma cells that attacks and destroys the bone. Founded in 2004, the Arizona Myeloma Network (AZMN) is a 501(c)(3) nonprofit charity organization that conducts outreach events and education programs, with special consideration for the underserved African-American, Asian-Pacific, Hispanic and Native American populations. Volunteers and donations are always welcomed – see www.azmyelomanetwork.org or call 623-426-6246.

AzMN is a 501(c)(3) non-profit organization. Tax ID# 32-0169742

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