



Arizona Myeloma Network



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February 11th Cancer Caregiver Seminar Provides “Valentines” to Attendees

[Phoenix – February 1, 2017] On Saturday, February 11, the Arizona Myeloma Network (AzMN) will hold its first Cancer Caregiver Education Program© of the New Year. This seminar is for all caregivers and patients, regardless of the type of cancer the patient may be experiencing. The gathering will begin at 8:30 at the Embassy Suites by Hilton Scottsdale Resort, 5001 N. Scottsdale Road. The seminar is FREE and a continental breakfast will be available. Each attendee will receive a special gift, a Valentine, from AzMN.

“Being a caregiver, I recognize how important it is to have support, as well as access to resources,” said Barbara Kavanagh, Founder of AzMN and a caregiver to her husband Jack, a myeloma survivor. “The goal of our caregivers’ seminars is not only to educate the caregivers, but to give them the tools that they need to be ‘good caregivers’ and still take care of themselves.”

When a person develops cancer, it is family members who provide the context for this experience, but the disease often profoundly affects them themselves. The impact on the family matters. This impact has been compared to the result of dropping a stone in a pond. The illness causes a ripple effect that results in changes to the family's identity and to daily routines. [Source: Cancernetwork.com]

The caregiver program will focus on healthy living for a better quality of life. A variety of helpful educational modules will guide attendees to a new level of understanding. For patients and caregiver’s who have attended our seminars in the past, AzMN wants these individuals to know that every Cancer Caregiver Education Program© has new presenters and new modules to assist caregivers in taking better care of themselves.

“I think you need to know how impressed all of my family was with your seminar and the level of care and concern you show to those of us who are living with cancer,” said Pat England in a recent email to AzMN. “As a cancer patient, my four sons and my husband have tried so hard to take 'care' of me but until I sent them to your first caregivers’

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seminar four years ago, they often 'competed' to help me instead of 'cooperating'. You truly have taught them to stress 'less' and help me more in the ways that I need help!"

Nearly 32,500 people in Arizona were newly diagnosed in Arizona with some form of cancer in 2015, according to the American Cancer Society. A single patient may have multiple caregivers throughout the course of their individual cancer journeys, including not only family but also professional health care providers as well. If each of these newly diagnosed patients has up to 5 different caregivers, in theory some 162,500 people in Arizona alone need the practical support provided by AzMN's education programs.

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ABOUT ARIZONA MYELOMA NETWORK

Founded in 2004, the Arizona Myeloma Network (AZMN) is a 501(c)(3) nonprofit charity organization that conducts cancer outreach events and education programs. Our mission is to promote collaboration, awareness, education and advocacy for improved treatment and quality of life, for multiple myeloma patients, their families and ALL cancer caregivers with special consideration to the underserved. To sponsor a program, volunteer or donate please visit www.azmyelomanetwork.org or contact AZMN at admin@azmyelomanetwork.org or call us at 623-466 6246. AZMN is a 501(c)(3) non-profit organization located at 20280 N 59th Ave, Suite 115-448, Glendale, AZ 85308. Tax ID# 32-0169742.