



AZMN News

Arizona Myeloma Network
20280 N. 59th Ave. Ste 115 #448
Glendale, AZ 85308

Az Myeloma Network@cox.net
www.ArizonaMyelomaNetwork.org

Vol. 4, No. 2 ■ April/May 2010

The Newsletter for People Interested in Multiple Myeloma

President's Message....

It has been a whirlwind of events and activities this 1st Quarter of 2010!

We held our 4th Annual Living with Myeloma Conference on Saturday, March 27th, 2010 and hosted Dr. Robert Kyle, renowned myeloma researcher and retired Director of the Myeloma Department at the Mayo Clinic in Rochester. More than 200 patients, families, healthcare and medical professionals participated this year, making this our largest myeloma conference since we began AzMN, in 2005. For those of you who have not been able to attend our conferences, please go to our website and view all of the wonderful faculty presentations that are available on www.youtubelcom/user/ArizonaMyeloma. And, for those of us who were there, it is great to 'revisit' the speakers and add to our understanding and knowledge.

As always, AzMN is concerned about helping myeloma patients and families learn as much as possible about this complex disease so that we can make better choices for our treatment and develop a healthier lifestyle. And, this year, AzMN also introduced our Caregiver's Program for the families and friends who also need support to do their 'job' on behalf of the patient.

Our 2nd Race for Hope for All Cancers on April 18th was truly amazing and brought together 'walkers' and 'runners' of all ages, backgrounds, and cancers. Our 'youngest' was a 4 year old girl who was walking with her grandmother who has myeloma. Our 'oldest' was an 84 year old woman with Parkinson's disease, who used her walker, covered with flowers, to honor friends who have cancer or who have lost the battle. And, special thanks to Spring Ridge Academy who brought 89 students, faculty, and parents, to honor Mari, the mother of one student who lost her battle with myeloma just 3 months ago.

We still need your donations and support for these programs as well as others that we are planning for 2010! Visit our website and learn more about our events and how you can help.

....Barbara Kavanagh

3rd Annual AzMN/Ft. Defiance Cancer Conference Sponsored by John Wayne Cancer Foundation Saturday, June 5th Navajo Nation Museum, Window Rock, AZ



This year's 3rd annual AzMN cancer conference for the Navajo Nation will be bringing together Navajo people and other Native American groups, outstanding presentations by cancer specialists, Traditional Healers, and volunteers from the community. There will also be a Navajo Biker's Cancer Ride, a Welcome by Miss Navajo Nation, Navajo and 'Cancer 101' in Navajo. More details about the Conference program and speakers are available on our website. The Conference is free, open to all. You can still register online or on the day of the event. Registration and a continental breakfast will start at 8:00a.m. At 9:00 a.m. will be opening prayer, with sessions until closing ceremonies at 4:30 p.m. There will be Raffle Prizes and 'Christmas in June' for children!

Susan G. Komen Grant

The Phoenix Affiliate of Susan G. Komen for the Cure® has awarded a \$49,757 grant to the Arizona Myeloma Network to continue and expand its breast cancer outreach program in the Navajo Nation.

The grant will help AzMN reach more people in the Navajo Nation by expanding the current Dinè Breast Cancer Awareness and Prevention Training Program (DBCAPT™) 'Women Helping Women', led by Mary Sena, graduate of the U of A and a member of the Navajo Nation.



ARIZONA MYELOMA NETWORK FUNDRAISER

FATHER'S DAY, JUNE 20TH, 2010 @ 3PM

PHOENIX MERCURY VS. CONNECTICUT SUN

Join us on this day and you will receive:

- ❖ Free Mercury Group Gift
- ❖ Discounted ticket of \$25 or two tickets for only \$40 (\$20/each) – ticket value \$45. Sponsorships and group packages available. Contact 623-388-6837
- ❖ Participation by AZ Myeloma Network in the 50/50 Raffle Fundraiser – 6 for \$5
- ❖ See AzMN's Name on the Jumbotron



"Helping Navajo women with breast cancer" is the theme for AzMN's Father's Day, June 20th fund raiser, sponsored by the Phoenix Mercury Team and with support from the Susan G. Komen Foundation, and other local businesses. Tickets still available!

See our flyer and information on our website or contact Nancy Jenkins at 602-410-0498 or email at azmyeloma@aol.com. She has the tickets and will get them to you. If someone would like to buy a block or a large number of tickets, Nancy will be able to obtain them.



The DBCAPT volunteers will be participating in the Ft. Defiance Conference and meeting with interested attendees to provide information on the program. You may contact Mary at her email address (mnsena@email.arizona.edu) or her cell phone number (623-337-1286).

AzMN's 2nd Race for Hope for All Cancers – Big Winner!

More than 350 walkers, runners, friends, and families, gathered at Westgate City Center on April 18th to celebrate cancer survivors and honor those who lost their battle with cancer. Nascar drivers were there to 'Rev' up the crowd and support AzMN's Race. They were there to remember some of their 'own' who had been touched with cancer, and to add to their own Race excitement.

Special thanks to all of our sponsors and supporters, with special thanks to our Race Chair, Kurt Riske, representing Smashburger's and the Black Bear Diners in Arizona. McFaddens' Restaurant and Saloon at Westgate City Center provided all the participants with a great lunch after the Race. Plus, great prizes and free Diamondback tickets, from another generous sponsor, New Exodus.

For pictures and a list of our sponsors, please visit www.azmyelomanetwork.org and start 'training' for next year's Race (date to be announced shortly).

Donations still accepted!



4th ANNUAL AzMN LIVING WITH MYELOMA CONFERENCE Saturday, March 27th, 2010



Bill Hite, Dr. Robert Kyle, Jack Kavanagh



Patients with speaker Patti Jensen



Dine Breast Cancer Awareness and Prevention Training Program

A brunch was held on Sunday, March 27th, to honor the first year of receiving the Susan G. Komen Foundation grant to set up a program to train and provide awareness for women of the Navajo Nation about breast cancer and the resources available to them.

Pictured are (standing) Carrie Kmetzo and Logan Mayer of the Phoenix Mercury/Suns staff, Barbara Kavanagh, AzMN. Seated are Pam Giannonatti of Komen, Charlie and Kay Thompson of Komen, and Jack Kavanagh, AzMN.



Barbara Kavanagh, President and Founder, AzMN, accepting from Kendra Sabol, Arizona Cancer Control Program Manager, the Arizona Flag and State Plaque naming March 27-April 3, 2010 AzMN Myeloma Week in Arizona.



Panel Members: Angela Mayo, Dr. Judith Finlay, Dr. Bodour Salhia, Dr. Clarence Adoo, Dr. Robert Kyle

Slides and videos from the Living with Myeloma Conference are available on the AzMN web site: www.azmyelomanetwork.org.

Save the Date!!!
October 23rd, 6th Annual Charity
Golf Tournament - McCormick Ranch
Golf Courses
www.azmyelomanetwork.org